

# Lesson Plan: Infant Care / Day Care Center

CCAVTS-Child care services

Lesson Plan: infant care/ Day Care Center

Teaching Time: 1 Week

Objectives:

Student will:

1. Communicate and interact with co-workers, parents, and infants.
2. Feed, give bottles, change diapers, comfort, put to sleep, and play with infants.
3. Keep a record of all activities done with infants.
4. Clean toys, dishes, equipment, and room.

Introduction:

Two students at time will be doing a 1-week field experience (2 hours a day) at a Day Care Center in the infant room to learn about the routine care involved with taht age group.

### Activities: (Per Day)

1. Greet parents and babies.
2. Store food, bottles, and belongings in baby's cubby or refrigerator.
3. Feed baby breakfast if necessary (food and or formula).
4. Change diapers as needed.
5. Prepare babies for naps by rocking, swinging, or patting backs in cribs.
6. Play with, talk to, and read to babies etc.
7. Feed babies lunch.
8. Record all activities.
9. Take babies outside if weather permits.
10. Prepare babies for departure- share information about their day with parents.
11. Clean toys, dishes, equipment, and room.

### Conclusion:

Students will write a summary of their experience and share with each other at one of our staff meetings. Students will write thank you letters to the staff members they worked with.